

Curriculum Vitea

Personal Information

First name: Elham

Surname: Azimzadeh

Date of birth: January 4, 1981

Marital Status: Married

Gender: Female
professor

Academic Rank: Assistant

Address: Department of cognitive and behavioral sciences and technology in sport, Faculty of Sport sciences and health, Shahid Beheshti University, Tehran, Iran.

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Educational Background

2006-2012: PhD in Motor Behavior, Faculty of Sport sciences and health, Shahid Beheshti University, Tehran, Iran.

PhD thesis: The effect of perturbation and non-perturbation balance training programs in land and water on static, dynamic, functional balance and fear of falling in elderly women, September 2012.

2004-2006: MSc in Motor Behavior, Faculty of Physical Education, Tehran University, Tehran, Iran.

Master thesis: Comparison of dynamic and static modeling on acquisition and retention of the back roll, September 2006.

1999-2003: BSc in Physical Education, Faculty of Physical Education, Tehran University, Tehran, Iran.

Teaching Areas

Motor Learning, Motor Control, Motor Development, Developmental disorders
Gymnastics, Swimming, Physical fitness

Research Areas

- Postural Control in old people
- Physical Activity and motor control in children with Developmental Disorders
- Physical Growth and Motor Performance in children

Publications

1. Nobari, H.; **Azimzadeh, E***; Hassanlouei, H.; Badicu, G;..Pérez-Gómez, J.; rdigò, L.P. Effect of Physical Guidance on Learning a Tracking Task in Children with Cerebral Palsy. *Int. J. Environ. Res. Public Health* 2021, 18, 7136.
2. Barrodi sedehi AA, Ghasemi A, Kashi A, **Azimzadeh E**. The relationship of the development of motor skills and socioeconomic status of family with BMI of children with autism disorder. *Pedagogy of Physical Culture and Sports*, 2021; 25(3):160-164.
3. Barrodi sedehi AA, Ghasemi A, Kashi A, **Azimzadeh E**. The relationship between the motor skills level and the severity of autism disorder in children with autism. *Pedagogy of Physical Culture and Sports*, 2021; 25(1):59-65.
4. Abdoli, **Azimzadeh***, Ahmadi, Ekradi, Asgari. Psychometric properties of the Persian Version of Test of Performance Strategies among Young Athletes, *research in Sport Management & Motor Behavior*, 2021: 11(21): 56-70. (in Persian)
5. Rezaei F., **Azimzadeh E.**, Abdoli B. The effect of aerobic training on motor performance, anthropometric indices and growth hormone on male rats exposed to chronic stress. *Motor Behavior*. 2020. (in Persian)
6. Shaffat M, **Azimzadeh E**, Farsi A R. The effect of functional training and active video game on Psychological refractory period in elderly women: two months follow-up. *Sport Psychology Studies*. 2020 (Acceptance). (in Persian)
7. Hashemi N., **Azimzadeh E***, Ghasemi A. Effect of playing in water of Autistic children on their mothers' stress. *Sport psychology*. 2020; 1 (5): 1-11. (in Persian)

8. **Azimzadeh E***, Faghihi V, Ghasemi A. The effect of dual-task training on balance of elderly women: with the motor and cognitive approach. *JRSM*. 2018; 8 (15):103-11. (in Persian)
9. Aghdaei. M, **Azimzadeh E***, Akbari. D. The Effect of Local Games on Visual-Motor Skills in Students with Respect to the Experience in Computer Games. *Motor Behavior*. Fall 2017; 9 (29): 169-82. (In Persian)
10. **Azimzadeh E***, Ghasemi A, Gholami A. Effect of selected visual and sport training program on visual skills. *Motor Behavior*. 2015; 22: 15-32. (in Persian)
11. **Azimzadeh E***, Aslankhani M A, Shojaei M, Salavati M. Effect of perturbed and non-perturbed balance training on static and dynamic balance in elderly women. *Motor Behavior*. 2013. 5 (13): 95-108. (in Persian)
12. Abdoli B, Ahmadi N, **Azimzadeh E**, Afshari J. Validity and reliability of fear of failure questionnaire. *Harekat*. 2013; 2 (12): 37-48. (in Persian)
13. **Azimzadeh E***, Aslankhani M A, Shojaei M, Salavati M. Effect of aquatic training on static and dynamic balance in old people: Comparison of perturbed and non-perturbed trainings. *Salmand*. 2012; 7 (27): 27-34. (in Persian)
14. **Azimzadeh E**, Gholamali M, Noorshahi M. The Relation of the body composition components and static balance, dynamic balance, history of fall in active old people. *Salmand*. 2012; 7 (27): 67-74. (in Persian)
15. Ahmadi N, Aghili A, **Azimzadeh E**, Hedayati M. Effect of one session aerobic exercise and sauna on the concentration of serum and urine Na and K in athletes. *Research in Medicine*. 2009; 2 (33): 70-76. (in Persian)
16. Hovanloo F, Ahmadi N, **Azimzadeh E**, Abdoli B. Immunity of facilities and play ground of the premium league of football clubs. *Physical Education and Sport Sciences*. 2008; 3: 57-66. (in Persian)

Books

1. Berg, E., Kris and Latin, W., Richard. *Essentials of Research Methods in Health, Physical Education, Exercise, and Recreation*. 3rd Edition. 2008. Translated by Abdoli B, Ahmadi N, **Azimzadeh E**. Elmo Harekat. 2010. Tehran. Iran.

2. Piek, P. Jan. *Infant Motor Development*. 2006. Translated by Aslankhani M A, **Azimzadeh E**, Ahmadi N, Rafei M, Pooraghaei Z. *Elmo Harekat*. 2011. Tehran. Iran.

Presentations

1. The investigation of the relationship between body dysmorphic disorder and psychological problems and comprise it among female athletes and non-athletes. World conference on psychology, counseling & Guidance. April 2012, Antalya. Turkey.
2. **Azimzadeh E**, Aslankhani M A, Shojaei M, Salavati M. Effect of perturbed and non-perturbed balance training in land and water on fear of falling in elderly women. 8th International Congress on Physical Education and Sport Sciences. February 2015. Tehran. Iran.
3. Bashiri Manesh M, Pooraghaei Z, Okhovatian M, **Azimzadeh E**. The Relationship of Self- efficacy and Gender with coping strategies with stress of Athletes and Non-Athletes. 4th National Student Congress on Sport Sciences. May 2015. Shahid Beheshti University. Tehran. Iran.
4. Shaffat M, **Azimzadeh E**, Farsi A R. The effect of functional training and active video game on balance and fear of falling in elderly women: two months follow-up. Allameh Tabatabaei University. November 2018. Tehran. Iran.
5. Azimzadeh E, Zarei Mostafa, Shaffat M. Relationship between competitive anxiety and fear of failure with injury incidence in junior football players. February 2019. Tabriz. Iran.

Workshops

1. Introduction to Vienna and biofeedback tests: Testing and analyzing data. February 2015. Ministry of Science, Research and Technology Sport Sciences Research Institute. Tehran. Iran.
2. Performance of youth in the context of growth and maturation. February 2015. Ministry of Science, Research and Technology Sport Sciences Research Institute. Tehran. Iran.

3. Ethics in Research. December 2014. Shahid Beheshti University. Tehran. Iran.
4. Writing a Proposal of Research. December 2014. Shahid Beheshti University. Tehran. Iran.

Executive Positions

2008-2011 Member of the "**Technical Committee of Synchronized Swimming**", Swimming Federation, Tehran, Iran.

2000 Member of the "**Executive Committee of 3rd Islamic solidarity games** ", University of Tehran, Tehran, Iran.

2008 Member of the "**Executive Committee of 2nd International Congress of Psychology in Sport**", Psychology Center of the Olympic academy, Tehran, Iran.

(د) سوابق ورزشی

سوابق قهرمانی

ردیف	نام مسابقه	عنوان			کشوری	در سطح دانشگاه
		اول	دوم	سوم		
1	ششمین دوره المپیاد دانشگاه‌های سراسر کشور رشته ژیمناستیک، سال 1381	✓			✓	
2	مسابقات رشته ژیمناستیک در دانشگاه تهران، سال 1382	✓	✓			✓
3	مسابقات قهرمانی دانشجویان سراسر کشور رشته ژیمناستیک، سال 1383		✓		✓	

سوابق مربیگری و داوری

ردیف	نام مسابقه	عنوان			کشوری	در سطح دانشگاه
		مربی	داور	ورسردا		
1	مسابقات شنای دانشجویان دانشگاههای کل کشور، سال 1384	✓			✓	
2	شنای امور شاهد و ایثارگر دانشگاه شهید بهشتی، سال 1387	✓				✓
3	مسابقات قهرمان کشوری شیرجه، سالهای 1384 و 1385		✓		✓	
4	مسابقات قهرمان کشوری شنای موزون، سال 1388		✓		✓	
5	مسابقات قهرمان کشوری شنای موزون، سال 1390			✓	✓	

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